

### What are my options to get vaccinated I

**COVID-19 Information for Multicultural LGBTIQ+ Communities** 

### How do I get vaccinated?

#### There are a few ways to get vaccinated:

- Book an appointment at a vaccination centre through the Victorian Government's online booking system
- Call the Victorian Government's COVID-19 hotline on 1800 675 398 (press 0 for an interpreter)
- **Book an appointment** at a participating GP clinic, pharmacy or community health service
- Make a group appointment to get vaccinated with other people you know
- **Visit a mobile or 'pop-up'** (temporary) vaccination hub

When you book a vaccination appointment, you'll be asked a few questions to confirm your eligibility.

You may be asked about your ethnicity, country or birth or language - this information helps the Victorian Government understand how it can support different communities.



### What do I need to know about getting vaccinated?

- When you arrive, you might be asked to swap your face mask for a new disposable face mask
- Bring one form of identification with you [e.q., a driver's license, passport or student ID)
- You don't need a Medicare card or an Individual Healthcare Identifier to get vaccinated
- You might be asked some questions about your health
- The vaccine will be **injected into your** upper arm
- After your vaccine, you'll be asked to sit in a waiting area for 15 minutes in case you have any immediate side-effects

Amaze and National Disability Services have created social scripts in Easy English that tell you what you can expect when you get vaccinated.



#### Is the vaccine painful?

It is usually not painful, and it is very quick. You might feel a quick sharp sting from the needle.

### I'm not great with needles – what can I do?

When you are with the doctor or nurse giving the vaccine, tell them you are nervous about needles. They can help you feel more comfortable when you get the vaccine.

### Can I get an interpreter?

You can ask for a telephone interpreter when you book your appointment. You can also bring your own interpreter (they can also be your support person).



# What options are there for people with a disability?

- People with a disability do not need to make a booking to get vaccinated at a Victorian Government vaccination centre
- **Disability Liaison Officers** can help you access vaccinations (including if you can't go to a vaccination centre)
- Several vaccination centres in Melbourne and regional Victoria have enhanced accessibility including on-site hearing augmentation devices and communication



## What should I wear?

You should wear clothes with **easy access to your upper arm** [e.g., a T-shirt, short sleeve shirt

or sleeveless top).



## Can someone come with me when I get vaccinated?

A support person like a family member or friend can come with you. They can be with you the whole time or they can wait outside.



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