How do I keep myself my loved ones and my community safe

What can I do?

Wash your hands regularly

Use soap and water for at least **20 seconds**, or a hand sanitiser that contains at least 60% alcohol

Check in

Always check in when visiting shops, restaurants or services, using either pen and paper or the **Service Victoria smartphone app**

Social distancing

Keep **at least 1.5 metres** between you and others

Follow any current restrictions in your area

Wear a fitted face mask

Masks should cover your nose, mouth and chin

> Throw single-use masks in the rubbish after every use
> Wash reusable cloth face masks after every use

Cover your mouth and nose when you cough or sneeze

> Use a tissue or cough/sneeze into your elbow
> Wash your hands after every cough/sneeze

Get tested for COVID-19 if you have any symptoms
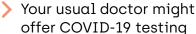
Get vaccinated against COVID-19

The Victorian Government website also has **information on COVID-19 in many languages and for a range of communities**, including LGBTIQ+ communities.

What do I need to know about testing?

How do I get tested?

› **Testing is free for everyone** at **any public COVID-19 testing site**

› **If you have a disability**, there is an option to get tested at home: **Call-to-Test**

› **Some testing locations have Rainbow Tick accreditation** to work with LGBTIQ+ people

› Your usual doctor might offer COVID-19 testing

What about ID?

› Bring one form of **photo ID** with you

› You **do not need Medicare** to get tested

› Testers **will not ask about your visa status**

What can I expect?

› The test takes about **1 minute**

› The test can be a little uncomfortable but **it's quick and painless**

What happens after testing?

› **If you have a bad experience** at a government-funded health service, you can **make a complaint** to the Victorian Department of Health

› If you have to self-isolate, **you may be eligible for support payments** from the **Victorian Government** or the **Australian Government**

cfre.org.au/lgbtiq-covid

Drummond Street Services

Queerspace

We acknowledge the traditional owners of the land where we work and pay respects to elders past, present and future.